

#### **Health Tips**

- 1. Stay Hydrated: Drink plenty of water to avoid dehydration.
- 2. Wear Lightweight Clothing: Choose light-colored, loose-fitting clothes to stay cool.
- 3. Avoid Peak Sun Hours: Stay indoors during the hottest part of the day (usually between 11am and 3pm).

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#### **Fun Tips**

- 1. Try Cooling Treats: Enjoy cool treats like ice cream, popsicles, or chilled fruits.
- 2. Take Breaks: Take regular breaks to rest and cool off in a shaded area.



#### **Dear Parents**,

Holidays are special breaks from our everyday schedules, and we all eagerly await them. Finally, the much-awaited summer vacations are here! The hot, windy days of  $\bigstar$  $\frac{1}{2}$ May and June make us all excited for this long break, a time to relax and have fun.  $\overleftarrow{}$ 

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☆ It's a great time for you to cherish the little joys of your child. It's important to limit screen time and supervise the channels your child watches. Provide valuable guidance 🛧 and spend quality time with them. Make these holidays memorable by creating a nurturing and stimulating environment at home that is full of fun, excitement, and  $\bigstar$ ☆ learning. Here are a few suggestions for parents: ☆

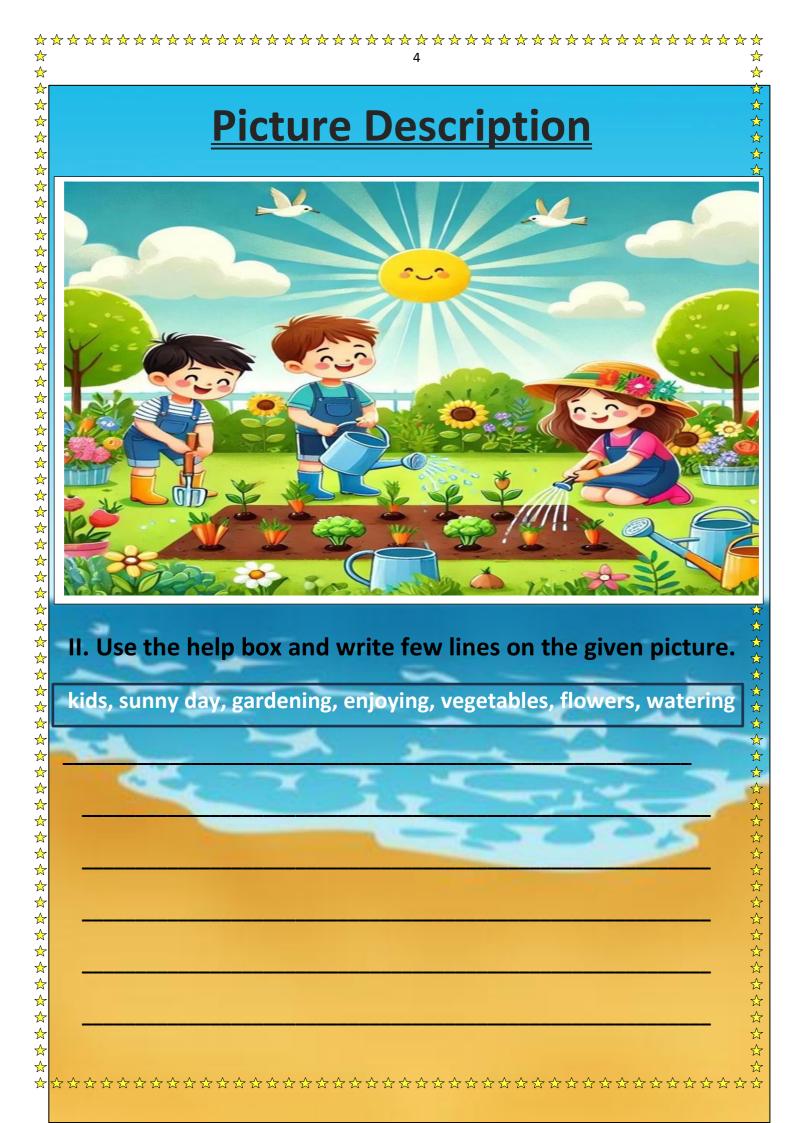
- Engage in meaningful conversations every day.
- Read a variety of storybooks.
- Assign small household responsibilities to help them become independent.
- Teach them the importance of moral values in their lives. While it's crucial to take breaks and have fun, it's equally important to keep learning. Find a balance between work and play, and let your child grow along the way.

## "Great Communication begins with Connection."

Summer vacations is the most appropriate time to develop a wonderful bond with the child and enhance the speaking skills of the child along with basic mannerisms. Encourage your ward to use the following statements in daily conversations

- Greet elders by saying Good Morning/ Good Evening
- May I go out to play? •
- Can I invite my friends to spend the evening together?
- Hello papa, how are you feeling today?
- Mumma, how can I help you in household work?
- What did you do over the weekend?
- Say SORRY When you make a mistake or accidentally hurt someone's feelings. •
- Say THANK YOU When someone does something kind or helpful for you. •
- When someone gives you a gift or does something thoughtful. •

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# UNSEEN PASSAGE

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## **My Summer Holiday**

Last summer, my family and I went to the beach for a holiday. The weather was sunny and hot. We stayed at a small house near the sea. Every day, I built sandcastles and collected seashells on the sand. I also swam in the blue water. We had a picnic with sandwiches, fruit, and cold drinks. In the evenings, we watched the sunset. It was beautiful! I had a lot of fun on my summer holiday.



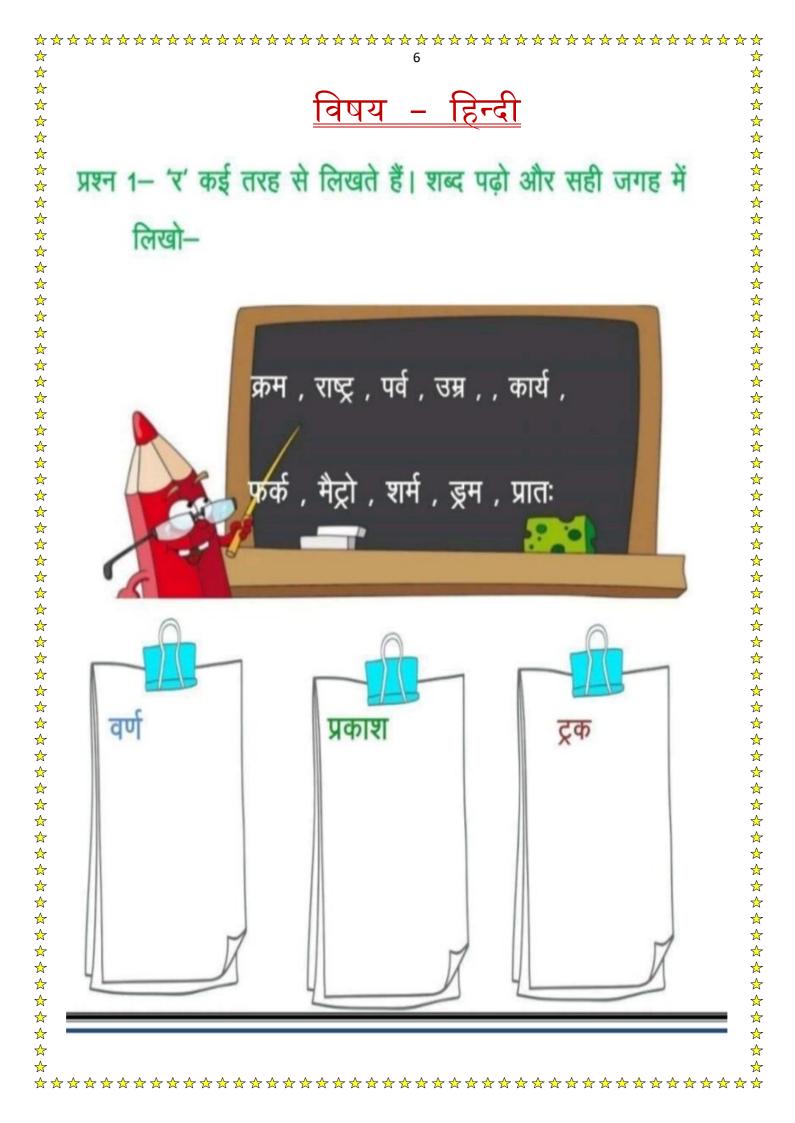
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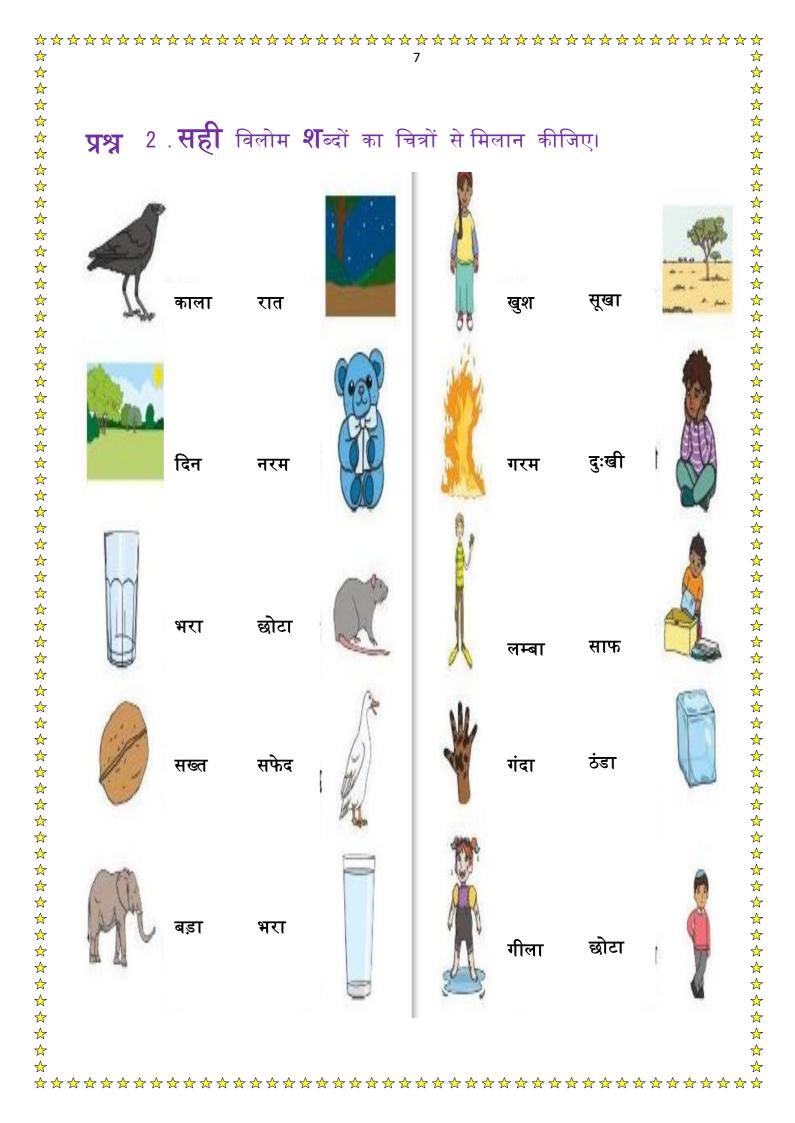
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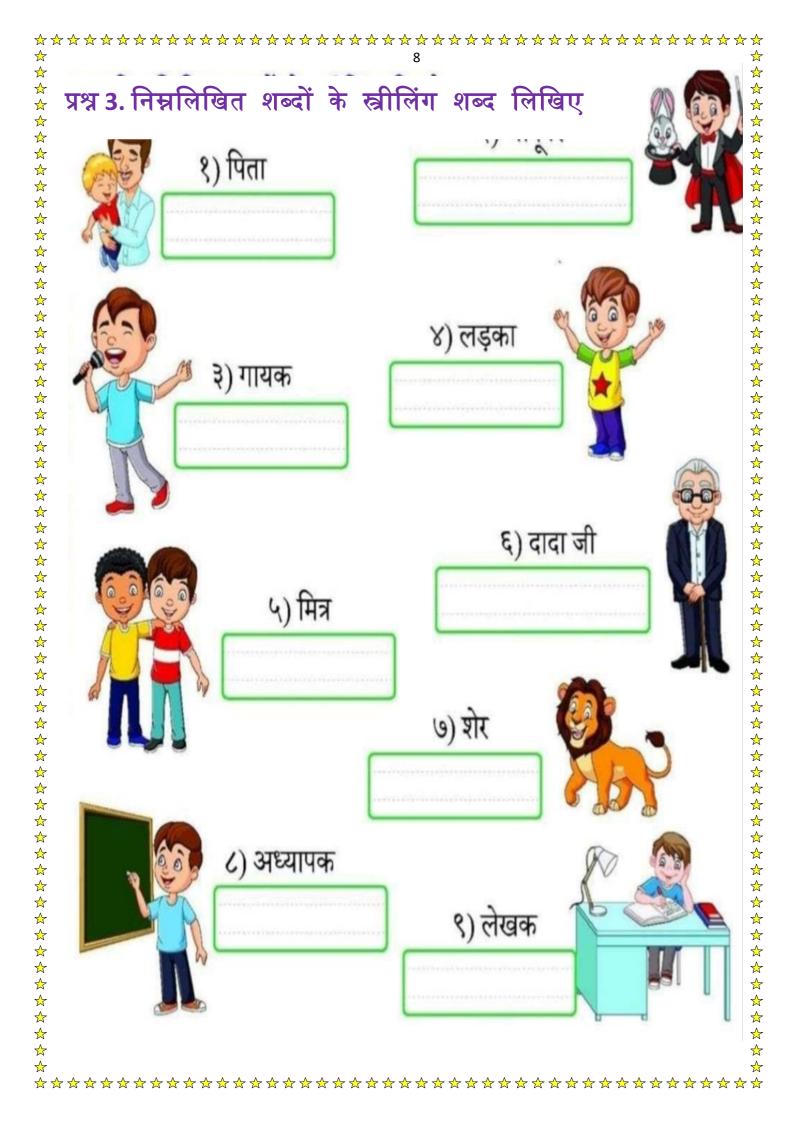
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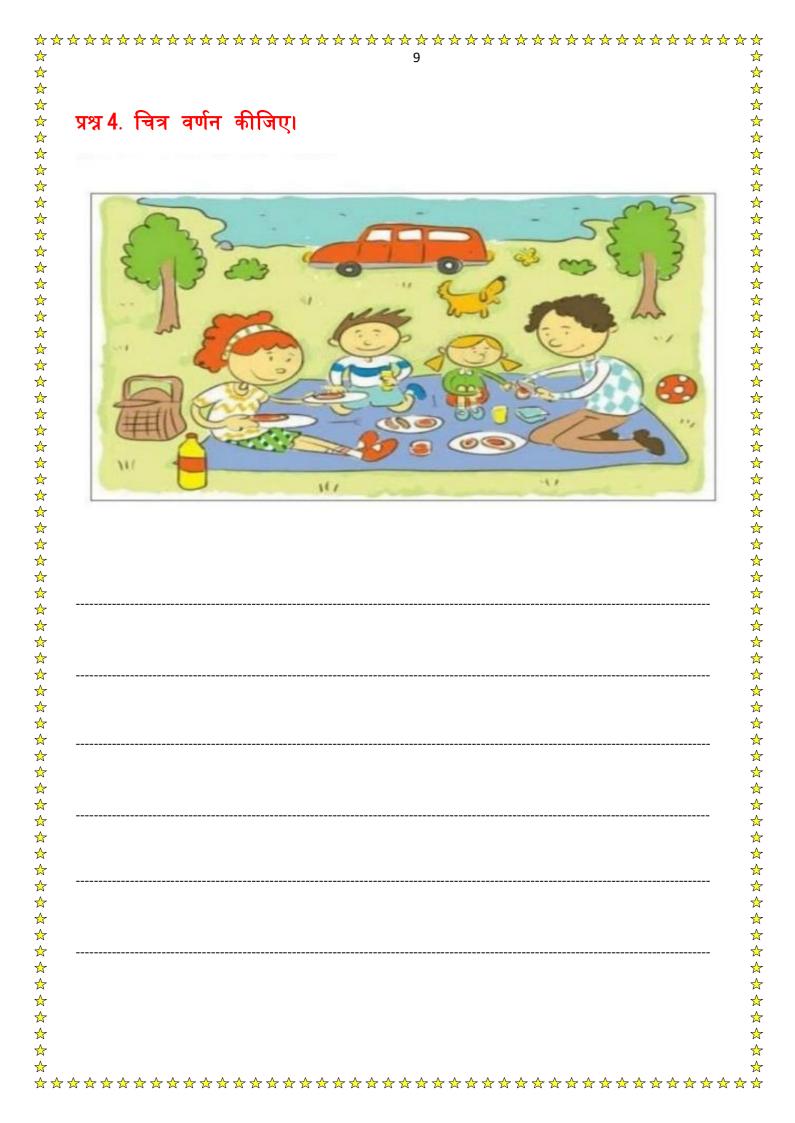
#### Answer the questions

- 1. Where did the family go for their holiday?
- 2. What did the writer build on the sand?
- 3. What did they eat at the picnic?
- 4. At what time of day did they watch the sunset?

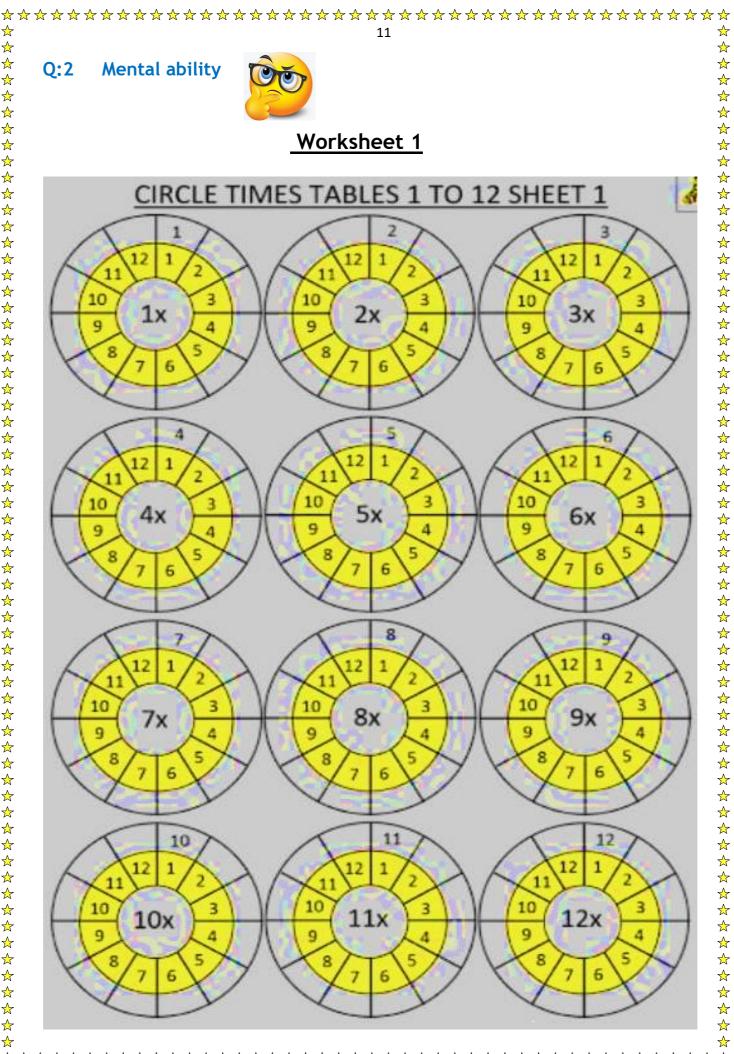




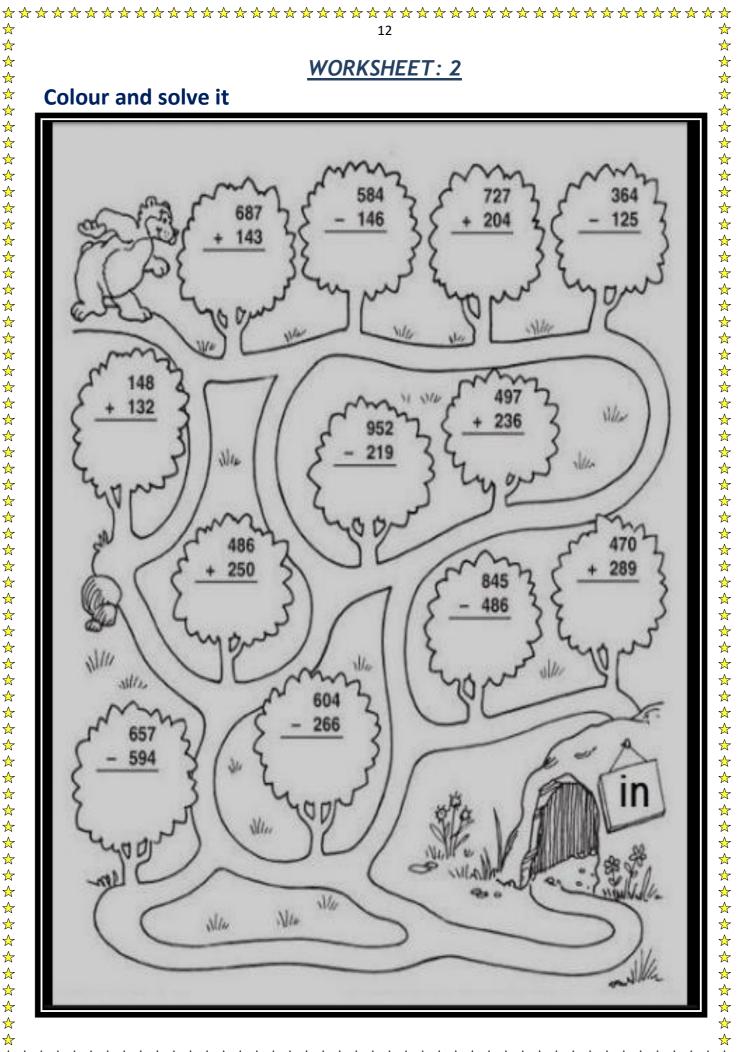




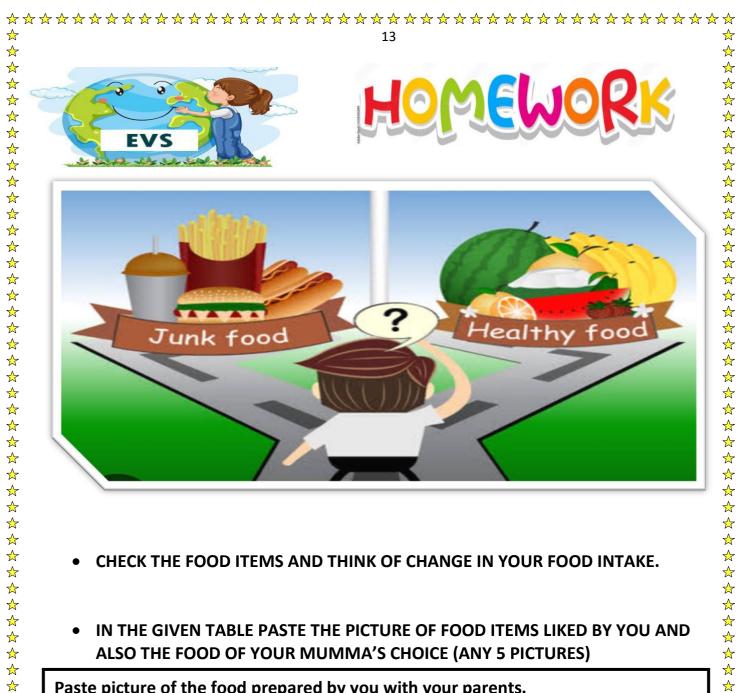




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Paste picture of the food prepared by you with your parents.

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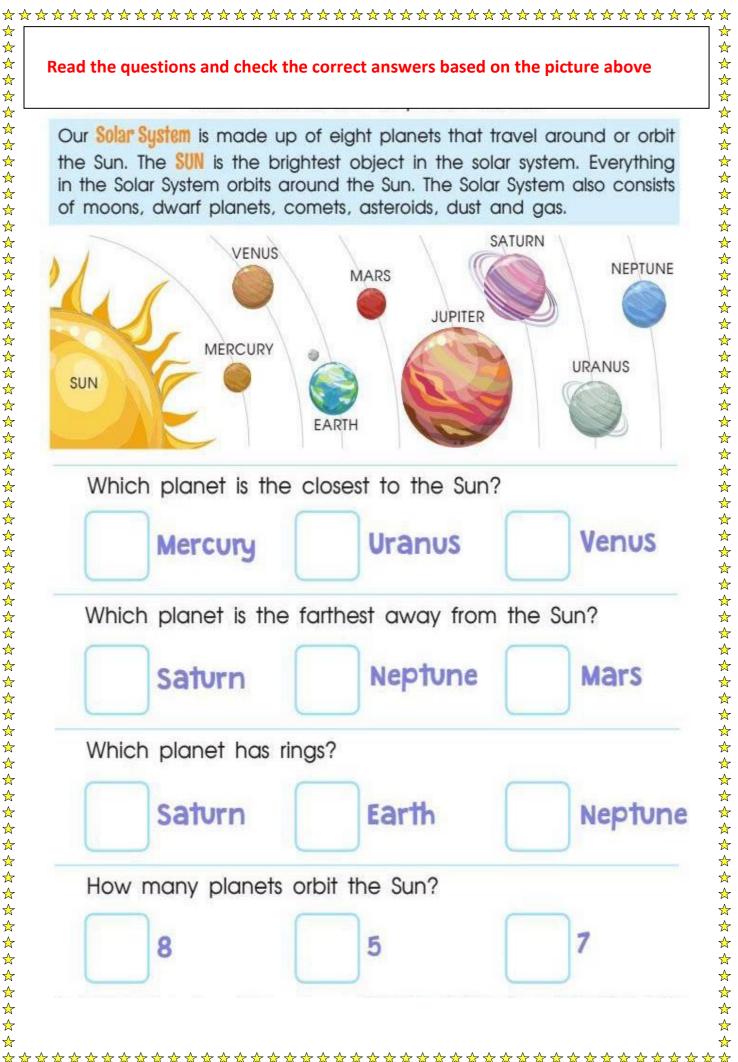
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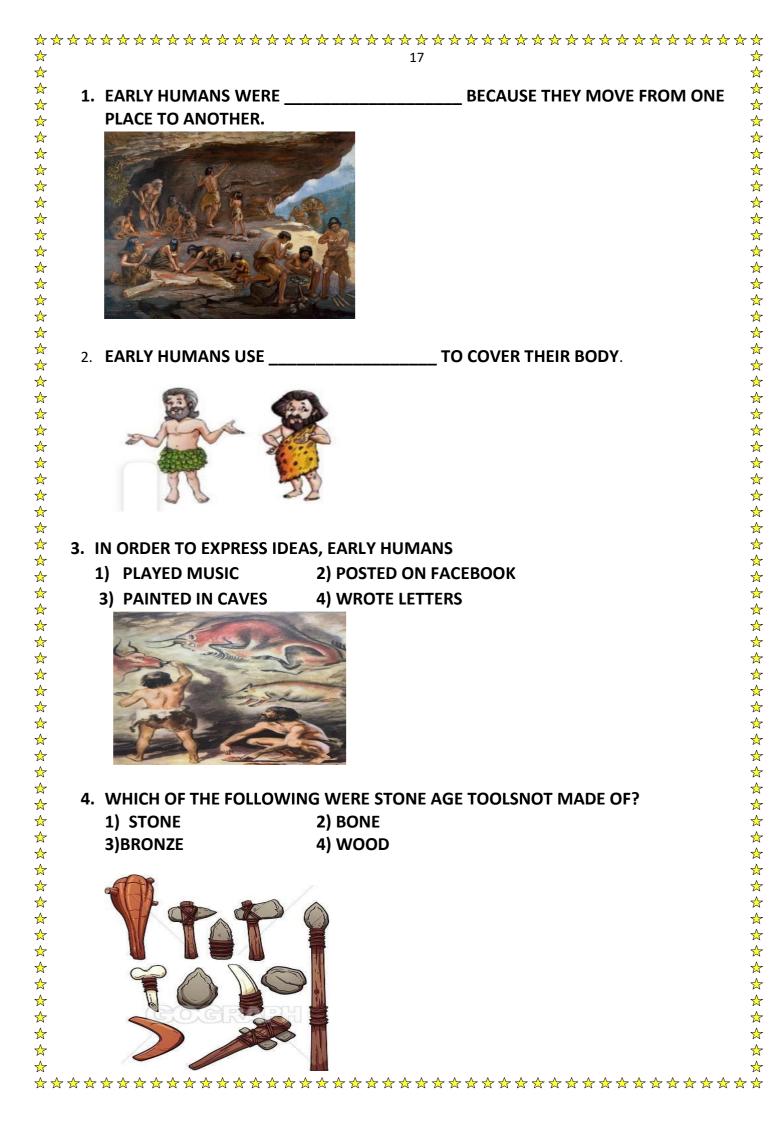
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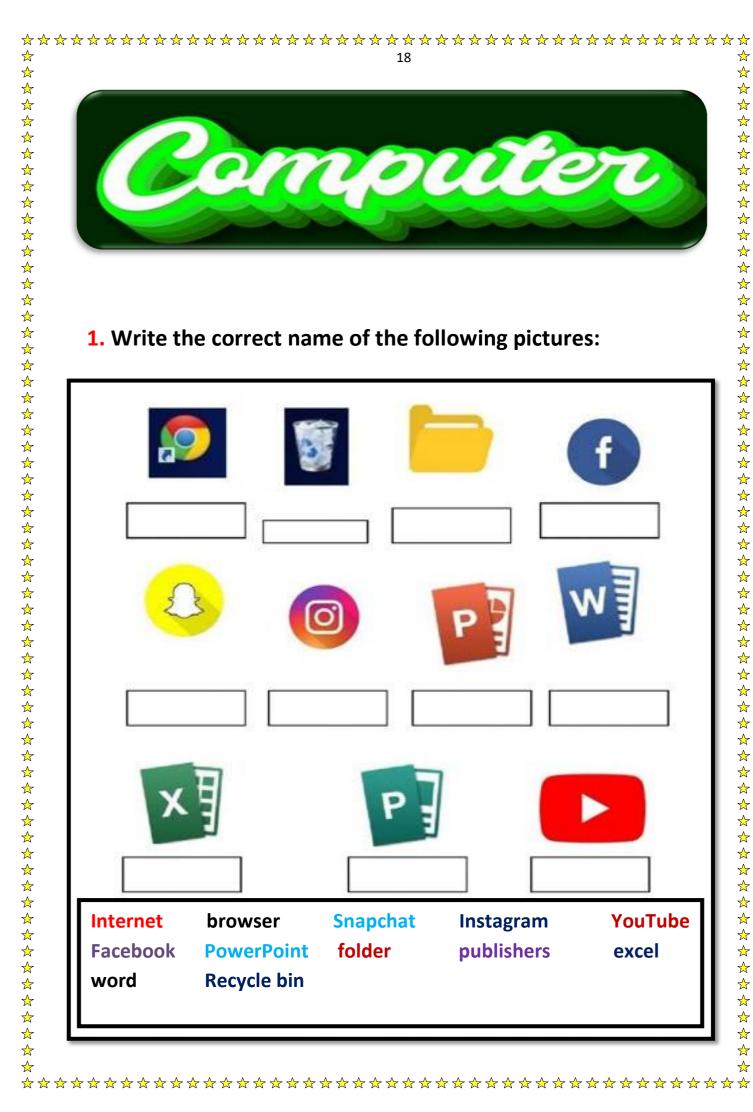
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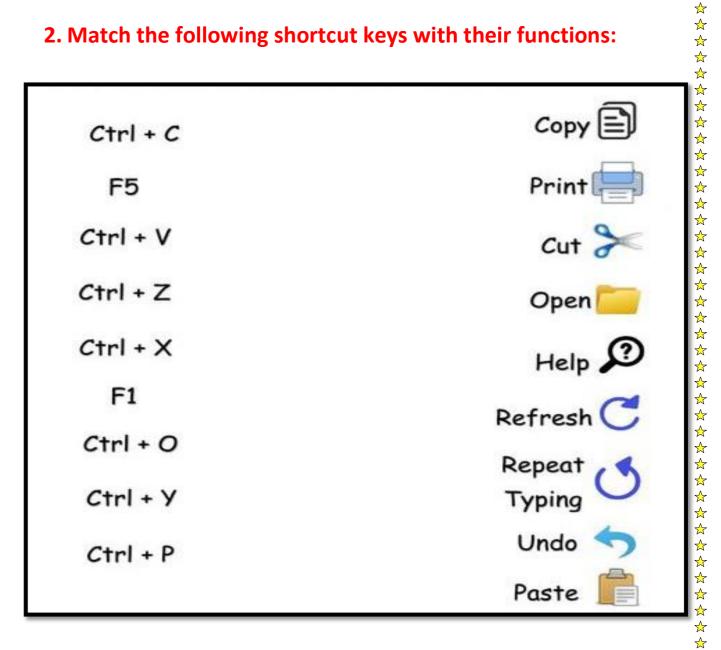
FOOD OF YOUR CHOICE	MUMMA'S CHOICE
PICTURES WITH NUTRATIVE VALUE.	PICTURES WITH NUTRATIVE VALUE
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WHY?	CHOICE IS BETTER OR MUMMA'S CHOICE?

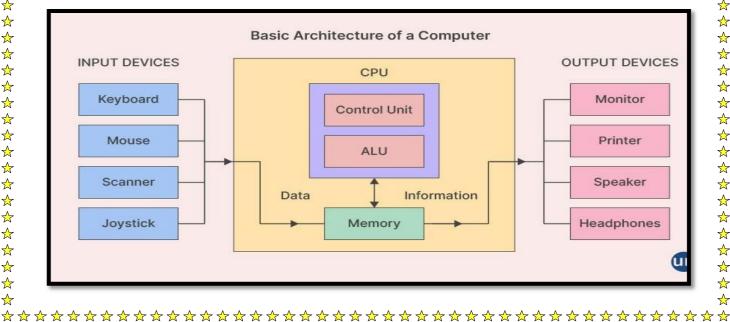








### 3. Draw the following diagram on a chart paper?



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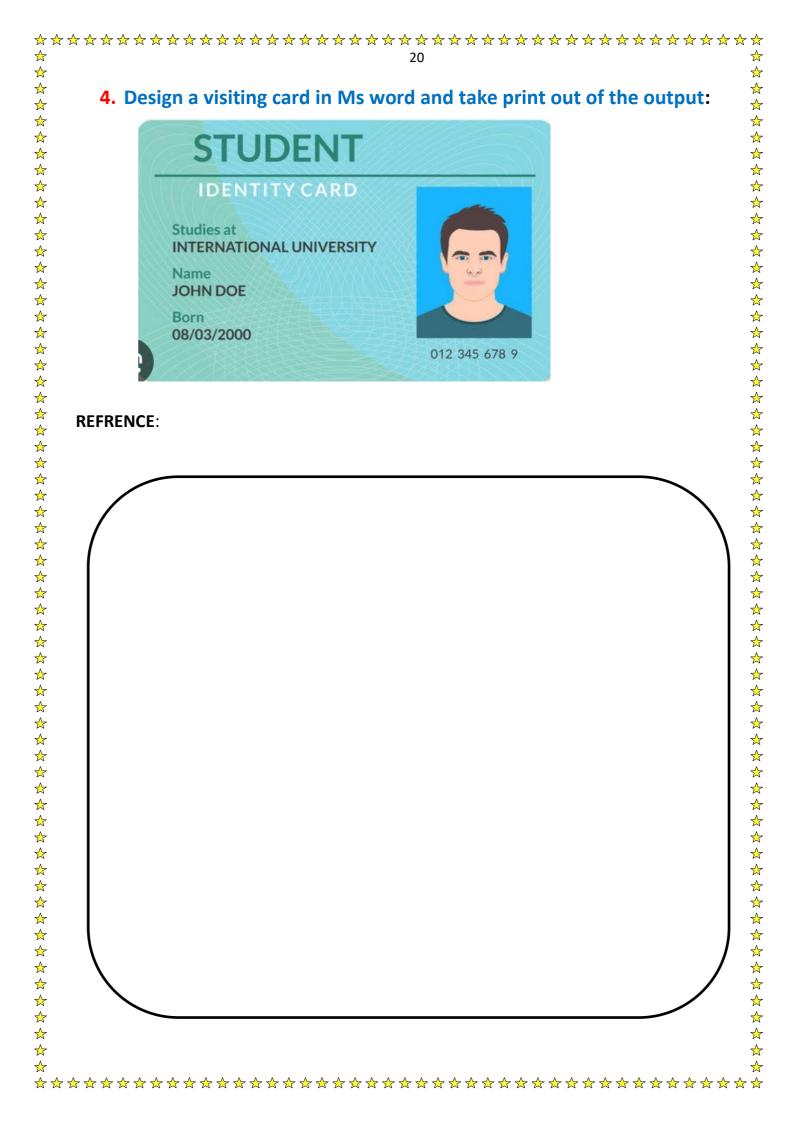
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# Topic - Parrot craft

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## **Required materials:**

- A4 size colour papers
- **Fevicol & scissors**
- A-4 size Cardboard base

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Require • • • • • • •	ed materials Plain light colour T-shirt Acrylic paint Paintbrushes Newspapers or cardboard (to place inside the T-shirt while painting) Stencils - Lady finger / Hand Palm / Onion etc o do
•	Help them insert cardboard inside their T-shirts to prevent color bleeding. Let the kids paint their designs using brushes or stencils. Assist when needed. Take photos for memories! Dear Parents, please paste a photograph of your ward wearing the painted T-shirt and submit it as pa of the activity. We'd love to see their creativity!" <b>Reference picture</b>
Pas	ste your photo with your own design T-shirt

Here's to a summer vacation that's a time for making memories, trying new things, and embracing new experiences that enrich your life.

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